### Welcome to the Bear Room!

A space for curiosity, independence, and joyful discovery

The Bear Room is designed to nurture toddlers' natural desire to explore, move, and make sense of the world around them. Thoughtfully arranged with developmentally appropriate toys and learning materials, this classroom invites hands-on discovery, creativity, and early problem-solving.

In the Bear Room, you'll find an engaging variety of materials such as building blocks, puzzles, sensory bins, age-appropriate books, and many arts and crafts projects—all carefully chosen to support your child's growth across multiple areas of development.

Children in the Bear Room are ready for this next stage of independence. To join this classroom, toddlers should: drink from a sippy cup, feed themselves finger foods, and nap once per day. In the Bear Room, our teachers act as gentle guides, supporting each child's learning through interactive play, exploration, and individualized attention. Our goal is to help every toddler build new skills, embrace new experiences, and feel confident in their abilities.

In the Bear Room, we focus on nurturing:

#### & Growing Independence

Encouraging self-help skills like feeding, simple choices, and trying things on their own.

### Language Development

Building vocabulary through songs, stories, and meaningful interactions.

#### Creative Expression

Introducing colors, textures, sounds, and movement to stimulate curiosity and early creativity.

#### Social Interaction

Promoting sharing, parallel play, and early friendships in a nurturing environment.

### Curiosity & Exploration

Supporting discovery through safe exploration and hands-on learning activities.

#### Motor Skill Advancement

Strengthening coordination through climbing, stacking, grasping, and more active play.

#### Creative Discovery

Exploring art, music, and sensory materials to express thoughts and feelings.

# Bear Room Schedule

A typical day in the Bear Room is as follows:

7:30-9:00 Welcome & Free Play
9:00 Snack
9:15 Free Play
9:30 Circletime
10:00 Diapers & Wash Hands
10:15 Activity Time
10:30 Free Play/Outside
II:00 Wash Hands
II:15 Lunch
12:00 Diapers
12:30 Nap
2:45 Diapers & Wash Hands (or as they wake from nap)
3:00 Afternoon Snack
3:15 Free Play/Outside
4:30 Diapers

4:15-6:00 Free Play/Outside

## Bear Room Supply List

What to Bring for Your Toddler

### Daily Essentials: Diapers, Wipes, and Diaper Cream

We recommend sending a sleeve of diapers, I-2 packs of wipes, and a tube of cream (if used) to keep in your child's supply bins at school. Your child's teachers will send home notes when they begin to run low, so there is ample time to bring more in before they run out.

#### Seasonally Appropriate Extra Clothes:

Include 2-3 full changes of clothing to keep in your child's cubby, *including socks* and shoes. Be sure to check them often as the seasons change or your child grows.

#### Sunscreen:

Must be pump or stick only - no aerosol or continuous spray is allowed.

#### Hat/Mittens:

Hats and mittens are welcome. You may send them in to keep them in your child's cubby for outside time, if desired. We ask that you do not send gloves unless your child can put them on by themselves.

#### Nap Time: Crib-Sized Fitted Sheet and a Blanket

Sheets and blankets should be brought in on Mondays and will be sent home on Fridays for laundering. You may send a special lovey or stuffed animal in for nap time as a comfort item for your child to sleep with, if desired.

Pacifiers may be sent in, but they are only used at nap time. Pacifiers are not offered to children in the Bear Room throughout other times of the day.

#### Lunch & Snack Times:

### Lunch (packed inside a lunchbox), Utensils, Bibs, and Cups

Children should be eating finger foods in the Bear Room. All food should be sent in labeled containers for lunch. Please do not send glass containers, as they are breakable. Please send any necessary utensils and a bib, if desired, with your child each day with their lunch, packed inside a lunchbox. Teachers are able to heat up food in this classroom. They will help with feeding foods such as applesauce and yogurt, but will also encourage independence and help the children learn how to self-feed, too.

Please send leak-proof sippy cups for water and/or milk. Water can be refilled throughout the day as needed. There are no bottles allowed in the Bear Room.

BCH does provide morning and afternoon snack. If you do not wish for your child to have school snack, you may send snack from home. If you decide to send snack from home, please make sure it is labeled with your child's name and the snack time you would like your child to eat it (either AM or PM).

#### Backpack:

Please send a backpack large enough to neatly fit your child's lunchbox, papers, art projects, and any other daily belongings.

#### \*Important Reminder\*

Label *every* item (including clothing, cups, food containers, utensils, lunchboxes, backpacks, etc.) with your child's full name to help us avoid any mix-ups. Many children have the same or similar items!

# Bear Room QR Code for Google Photos

Photos of the children and classroom activities are posted weekly for those that choose to allow photo permission in your child's enrollment paperwork. The photos are uploaded to a private Google Photos album for each classroom.

Scan the QR code below to access and join the Google Photos album for the Bear Room.

